

August 2011

WATERLOO JR. HIGH SCHOOL Home of the Bulldogs

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	WELCOME BACK !!			12
<p>15 DISTRICT WORKSHOP</p> 	<p>16 <i>Chix O's or Cheeseburger Fries and Sliced Peaches</i> <i>BREAKFAST: Donut with Fruit or Cereal with Fruit</i></p>	<p>17 <i>Bosco Stix or Pepperoni Pizza Green Beans and Cinnamon Apples</i> <i>BREAKFAST: Otis Muffin with Ham or Cereal/Oatmeal with</i></p>	<p>18 <i>Macho Taco with Cheese Rice or Hot Dog on Bun Corn and Apricots</i> <i>BREAKFAST: Biscuits and Gravy or Cereal with Fruit</i></p>	<p>19 <i>Fish and Cheese on Bun with Chips or Mini Corn Dogs Pasta House Salad and Diced Peaches</i> <i>BREAKFAST: Pancakes with Ham and Blueberries or Cereal with Toast</i></p>
<p>22 <i>Chix Fajita Wrap or Cheeseburger Wedge Fries and Diced Peaches</i> <i>BREAKFAST: Breakfast Pizza or Donut with Fruit</i></p>	<p>23 <i>Ham and Cheese on Bun w. Chips or Corn Dogs Pasta Houses Salad and Mixed Fruit</i> <i>BREAKFAST: Scrambled Eggs, Sausage and Toast or Cereal with Fruit</i></p>	<p>24 <i>Chix Alfredo w/ French Bread or Cheese Pizza Garden Salad and Apple Slices</i> <i>BREAKFAST: Bagels with Cream Cheese & Ham or Cereal/Oatmeal with Toast</i></p>	<p>25 <i>Taco Bar or Tall Deli Sandwich w/Chips Pasta Salad and Chilled Peaches</i> <i>BREAKFAST: Breakfast on a Stix or Cereal with Toast</i></p>	<p>26 <i>Rotini w. Meatsauce & Breadstix or Chix Stix Green Beans and Fruited Jello</i> <i>BREAKFAST: Waffles with Ham & Blueberries or Cereal w/ Fruit</i></p>
<p>29 <i>Turkey Deli Wrap or Cheeseburger Wedge Fries and Mixed Fruit</i> <i>BREAKFAST: Breakfast Pizza or Donut with Fruit</i></p>	<p>30 <i>Chix Strips or Sub Sandwich Sweet Potato Fries and Sliced Peaches</i> <i>BREAKFAST: Egg and Sausage Biscuit or Cereal with Fruit</i></p>	<p>31 <i>Turkey Dinner or Stuffed Crust Pizza Green Beans and Applesauce</i> <i>BREAKFAST: Otis Muffin w/ Fruit or Cereal/Oatmeal with Toast</i></p>		