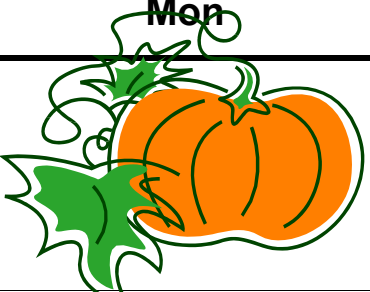


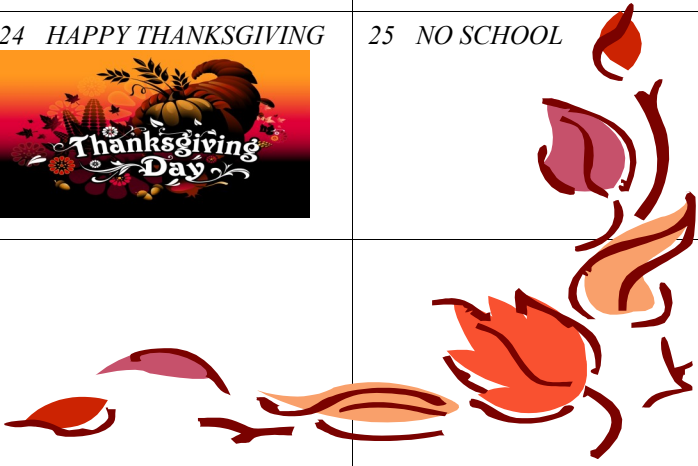


# November 2011

# WATERLOO HIGH SCHOOL Home of the Bulldogs

| Mon   | Tue   | Wed  | Thu   | Fri   |
|---|---|--|---|---|
|    | <p>1 Chix Nuggets or Pepperoni Hot Pocket SALAD BAR: Chix Alfredo SNAX BAR: Tuna Salad BREAKFAST: French Toast with Sausage</p>                     | <p>2 Beef &amp; Cheese Quesadilla or Spicy Chix Breast Sand. SALAD BAR: Chix Noodle Soup with Grilled Cheese SNAX BAR: Ham and Cheese Sand. BREAKFAST: Egg and Sausage Biscuit</p> | <p>3 Turkey Dinner or Pepperoni Pizza or Pork Patty Melt SALAD BAR: Taco Bar SNAX BAR: Hoagie BREAKFAST: Hot Ham and Cheese</p> | <p>4 Fish &amp; Cheese Sand. Or Chix Strips SALAD BAR: Rotini w/ Meatsauce Pasta House Salad SNAX BAR: Turkey Club BREAKFAST: Cinn. Roll w/ Sausage</p> |
| <p>7 Cheeseburger or Stuffed Crust Pizza or French Taco SALAD BAR: Toasted Ravioli SNAX BAR: Tall Deli BREAKFAST: Breakfast Pizza or Donut</p>            | <p>8 BBQ Riblet or Chix Patty on Bun SALAD BAR: Brunch 4 Lunch SNAX BAR: Chix Salad BREAKFAST: Pancakes and Sausage</p>                             | <p>9 Mini Corn Dogs or Pepperoni Pizza or Philly Beef SALAD BAR: Chili w/ Peanutbutter Sand. SNAX BAR: Ham &amp; Cheese BREAKFAST: Biscuits and Gravy</p>                          | <p>10 Salisbury Steak or Chix fajitas or Cheese Pizza SALAD BAR: Taco Bar SNAX BAR: Hoagie BREAKFAST: Hot Ham and Cheese</p>    | <p>11 VETERANS DAY—1/2 DAY</p>                                       |
| <p>14 Spicy Chix Patty or Stuffed Crust Pizza or Beef n Bean Burrito SALAD BAR: Pork Stir Fry SNAX BAR: Tall Deli BREAKFAST: Breakfast Pizza or Donut</p> | <p>15 Cheeseburger or Chix Nuggets SALAD BAR: Rosagna SNAX BAR: Turkey Sand. BREAKFAST: Scrambled Eggs and Bacon</p>                                | <p>16 Popcorn Chix or Pepperoni Hot Pocket SALAD BAR: Veggie Beef Soup w/ Grilled Cheese SNAX BAR: Ham &amp; Cheese BREAKFAST: Sausage, Egg and Cheese Biscuit</p>                 | <p>17 Roast Pork Dinner or Cheese Pizza or Corn Dog SALAD BAR: Soft Taco SNAX BAR: Hoagie BREAKFAST: Hot Ham and Cheese</p>     | <p>18 Fish and Cheese Sand. Or Boneless Chix Wings SALAD BAR: Rotini w/ Pasta House Salad SNAX BAR: Turkey Club BREAKFAST: Breakfast Burrito</p>        |
| <p>21 Stuffed Crust Pizza or BBQ Riblet or Cheeseburger SALAD BAR: Chix Fajita SNAX BAR: Tall Deli BREAKFAST: Breakfast Pizza or Donut</p>                | <p>22 Chix Patty on Bun or Pork Patty Melt SALAD BAR: Mostacolli SNAX BAR: Tuna Salad BREAKFAST: Ham and Cheese Omelet</p>                          | <p>23 Chix Stix or Pepperoni Pizza SALAD BAR: Chili w/ Peanutbutter Sand. SNAX BAR: Ham and Cheese BREAKFAST: Biscuits and Gravy</p>   | <p>24 HAPPY THANKSGIVING</p>               | <p>25 NO SCHOOL</p>   |
| <p>28 Bosco Stix or Cheese Pizza SALAD BAR: Chix n Dump-lings SNAX BAR: Tall Deli BREAKFAST: Breakfast Pizza or Donut</p>                                 | <p>29 Chix Nuggets or Pepperoni Hot Pocket SALAD BAR: Cheese Ravioli w/ Meatsauce SNAX BAR: Turkey Sandwich BREAKFAST: Waffle Stix with Sausage</p> | <p>30 Spicy Chix Tenders or Stuffed Crust Pizza SALAD BAR: Chix Noodle Soup w/ Grilled Cheese Sand. SNAX BAR: Ham &amp; Cheese BREAKFAST: Egg &amp; Sausage Biscuit</p>            |    |   |