WCUSD5 Rainbows

Dear Parent or Guardian,

Thank you for your interest in the WCUSD5 Rainbows program. Rainbows is a grief support group for children dealing with a divorce, death or other loss. The program is designed to work with children in small group settings. Students will meet each week during school at a time that is least disruptive to their academic schedule. Students will use a workbook, which covers topics such as developing self-esteem, accepting the changes in their lives, anger management, realizing they are not alone and dealing with feelings in an appropriate way.

I am the Rainbows facilitator for the Waterloo School District and work closely with our school social workers to make sure that each student is receiving the appropriate services. Our program space is limited and is available to students who have had a loss prior to the past year. We would like to offer counseling services with our social workers to students who are dealing with an immediate loss. If your child has been enrolled in Rainbows for several years, please be aware that the program repeats each year, but at their grade level. If you feel that your child is continuing to deal with grief issues, after being in the Rainbows program, you might consider other options in helping your child. I would be glad to talk with any parent or guardian who has questions about the Rainbows program, finding further assistance or the appropriateness of the program for your child.

If you would like to enroll your child in the program, please complete the form at the bottom and return to me at your child's school office. I will call each parent and then work with the teachers to find the best time for us to begin our support group meetings. I may be reached at 939-3455, ext. 423 or you can email me at klerch@wcusd5.net.

Sincerely,

Kelly Lerch
District Wellness Coordinator
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RETURN TO: Kelly Lerch, Wellness Coordinator

STUDENT NAME:_____GRADE:_____

TEACHER:_____TELEPHONE:_____

ADDRESS:_____

PARENT OR GUARDIAN:_____

EXPLANATION:_____
_____
_____
_____
_____

_____   _____
       PARENT/GUARDIAN SIGNATURE   DATE