





November 2016

Waterloo Elementary Schools Zahnow—Rogers—Gardner

2nd	Mon	Tue	Wed	Thu	Fri
LS UT NA CC HK R		1 Chicken Nuggets Green Beans and Cinnamon Applesauce BREAKFAST: Sausage and Egg Biscuit with Fruit	2 Chicken Sliders Steamed Carrots and Fresh Apple Slices w/ Sunbutter Dip BREAKFAST: Pancakes with Fruit or Oatmeal	3 Walking Taco Refried Beans and Mixed Fruit BREAKFAST: Bagel with Cream Cheese and Fruit	4 Sporty Spaghetti w/ Meatsauce and Breadstix Frozen Peaches and Super Garden Salad BREAKFAST: Waffle Stix with
SS UA NN BD TW RH	7 Cheese Pizza Smiley Fries and Frozen Peaches BREAKFAST: Mini Powdered Donuts with Fruit	8 Popcorn Chicken Pasta Salad and Diced Pears BREAKFAST: Breakfast Pizza and Fresh Fruit	9 Chix Noodle Soup w/ Grilled Cheese Crazy Carrots w/ Dip and Pineapple Chunks BREAKFAST: Mini Pancakes with Ham	10 Hotdog on Bun Baked Beans and Chilled Pineapple BREAKFAST: Funnel Cake with Fruit	11 VETERANS DAY 
GC RH IE LE LS DE	14 Big Muscle Burger Oven Fries and Apples with Dip BREAKFAST: Donut with Fresh Fruit	15 Mini Corn Dogs Savory Carrots and Mixed Fruit BREAKFAST: Egg, and Sausage Biscuit	16 Chix Nuggets Green Beans and Pineapple Chunks BREAKFAST: Muffin with Ham and Fruit	17 Soft Tacos Refried Beans and Curious George Fruit Snax BREAKFAST: French Toast and Fruit	18 Chicken Alfredo Pasta with Breadstix Chilled Peaches and Pasta House Salad BREAKFAST: Breakfast on a Stix and Fruit
GD LE DL FI S H	21 Cheese Pizza Oven Fries and Diced Pears BREAKFAST: Donut with Fruit	22 Roast Pork Dinner Green Beans and Cinnamon Applesauce BREAKFAST: Sausage and Egg	23 1/2 DAY SCHOOL 	24 THANKSGIVING BREAK	25 NO SCHOOL 
LS UT NA CC HK R	28 Beef Sliders Sweet Potato Fries and Mixed Fruit BREAKFAST: Donut with Fruit	29 Chix O's Celery w/ Dip and Peach Cup BREAKFAST: Breakfast Burrito and Fruit	30 Mini Corn Dogs Crazy Corn and Chilled Pineapple BREAKFAST: Muffin and Ham with Fruit	