



# September 2018

## Waterloo Elementary Schools Zahnow—Rogers—Gardner



2nd	Mon	Tue	Wed	Thu	Fri
GD OE LL DI F H	<b>3 NO SCHOOL LABOR DAY</b> 	<b>4</b> <i>Cheese Burger Oven Fries and Orange Smiles</i> <b>BREAKFAST:</b> Donut with Fresh Fruit	<b>5</b> <i>Chix O's w/ Goldfish Crax Green Beans and Pineapple Tidbits</i> <b>BREAKFAST:</b> Mini Pancakes with Fruit Cup	<b>6</b> <i>Mini Corn Dogs Baby Carrots and Mixed Fruit Cup</i> <b>BREAKFAST:</b> Cinnamon Roll with Fruit	<b>7</b> <i>Stuffed Crust Pizza Peach Cup and Garden Salad</i> <b>BREAKFAST:</b> Waffle Stix with Fruit
LS UT NA CC HK R	<b>10</b> <i>Popcorn Chicken w/ Goldfish Crax Green Beans and Pears</i> <b>BREAKFAST:</b> Donut and Fresh Fruit	<b>11</b> <i>Toasted Ravioli with Meat Sauce Carrots with Ranch and Mixed Fruit</i> <b>BREAKFAST:</b> Scrambled Eggs, Sausage and Biscuit	<b>12</b> <i>BBQ Riblet on Bun Baked Beans and Applesauce</i> <b>BREAKFAST:</b> Breakfast Muffin and Fruit Cup	<b>13</b> <i>Macho Nachos Corn and Peach Cup</i> <b>BREAKFAST:</b> French Toast and Fruit	<b>14 1/2 DAY SCHOOL</b> <b>Breakfast: Otis Muffin with Fresh Fruit</b> 
TW UR RA KP Y	<b>17</b> <i>Chix Nuggets w/ Cheez it Crax Smiley Fries and Peach Cup</i> <b>BREAKFAST:</b> Donut with Fruit Cup	<b>18</b> <i>Cheese Pizza Green Beans and Applesauce</i> <b>BREAKFAST:</b> Sausage and Egg Biscuit with Fruit	<b>19</b> <i>Chicken Sliders Baby Carrots and Fresh Apple Slices</i> <b>BREAKFAST:</b> Pancakes and Fruit  <b>BIRTHDAY TREAT</b>	<b>20</b> <i>Cheezy Nacho Refried Beans and Mixed Fruit</i> <b>BREAKFAST:</b> Bagel with Cream Cheese and Fruit	<b>21</b> <i>Fish Shape Sandwich Grapes and Garden Salad</i> <b>BREAKFAST:</b> Waffle Stix with Fruit
GC RH IE LE LS EE D	<b>24</b> <i>Beef Sliders Oven Fries and Mixed Fruit</i> <b>BREAKFAST:</b> Donut with Fruit	<b>25</b> <i>Bosco Stix with Sauce Corn and Peach Cup</i> <b>BREAKFAST:</b> Funnel Cake with Fruit	<b>26</b> <i>Mini Corn Dogs Celery with Ranch and Chilled Pineapple</i> <b>BREAKFAST:</b> Muffin with Fruit	<b>27</b> <i>Soft Tacos Black Bean Salad and Strawberries</i> <b>BREAKFAST:</b> Cinnamon Roll with Fruit	<b>28</b> <i>Spaghetti with Meat Sauce and Breadstix Garden Salad and Pears</i> <b>BREAKFAST:</b> Breakfast on a Stix w/ Fruit

Finding more Food Service information at:

<http://www.wcusd5.net/food-services.html>

