

OKINAWAN KARATE SCHOOL

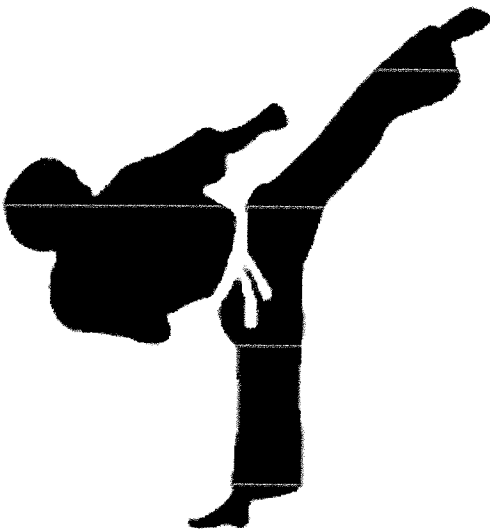
WATERLOO & BELLEVILLE

COME AND EXPERIENCE THE TRADITION.

KARATE CLASSES

Classes Offered Starting At Age 4 Thru Adult

Benefits of Karate:



SELF-CONFIDENCE

SELF-DISCIPLINE

SELF-RESPECT

SELF-ESTEEM

CONCENTRATION

PHYSICAL FITNESS

COORDINATION

AGILITY



Contact: Sensei Ken Valentine

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E-mail: sensei@oks-online.com

2 LOCATIONS:

WATERLOO; 5843 Kaskaskia Rd

BELLEVILLE; 515 East "D" St

Programs:

* Pre-K and Kindergarten (Mighty Mites)

* Family

* 1st grade thru Adult Classes

* Private Lessons

* Traditional Okinawan Weapons