

Reflection Log # _____ the Week of _____

As a first year teacher in Waterloo Community Unit District #5, your day will be filled with new experiences. Some experiences will bring success while others will bring disappointment. You will learn from every experience, especially when you reflect on each day's events.

As part of our state approved Teacher Mentoring Program, a journaling/reflection process by all new teachers is required. One reflection is required per week for Quarters 1 and 2, and one reflection every two weeks for Quarters 3 and 4. Spend time each week to record your reflections of the week's events. You are to copy this sheet as needed and place complete log sheets in your binder. If you prefer, you may type these and print them out to be placed in your binder. You should be prepared to share your reflections with your mentor at each monthly meeting, or during your weekly contact if necessary. Find a system that works for you and your mentor. Mentors will be required to read and respond to the entries for their written analysis due each quarter. A schedule of required reflection log dates is attached to the end of this document.

Name _____

Class _____

Date _____

Time _____

1. What went well and why it was successful?
2. What caused concern and why?
3. What can I do to improve this area and what resources can I use?
4. What am I learning about my students?
5. What am I learning about myself?