

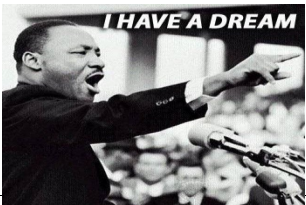



# January 2017



# WATERLOO HIGH SCHOOL Home of the Bulldogs

	Mon	Tue	Wed	Thu	Fri	
2		3 Chix Nuggets or Turk Deli or Spicy Buffalo Pull Apart SALAD BAR: Pork Stir Fry KK Fries/ Baked Beans & Pineapple/Peaches BREAKFAST: Breakfast on a Stix w/ Fruit	4 Chix O's or Deli Sand. Or Beef & Bean Burrito SALAD BAR: Chix Alfredo Pasta SP Fries/Green Beans & Apples/Mixed Fruit BREAKFAST: Biscuits and Gravy with Fruit	5 Salisbury Steak Dinner or Hoagie or Cheeseburger SALAD BAR: Taco Salad Bar Corn/ Broccoli w/ Ranch & Applesauce/ Strawberries BREAKFAST: Hot Ham & Cheese w/ Fruit	6 Chix Strips or Fish Sand. Or Turk. Wrap SALAD BAR: Pasta w/ Meatsauce Steamed Carrots/ Celery w/ Ranch & Orange Slices/ Watermelon BREAKFAST: French Toast with Sausage	
9	9 Buffalo Pizza or Cheeseburger or Tall Deli SALAD BAR: Buffalo Pizza Garden Salad/Steamed Broccoli & Peaches/Pineapple BREAKFAST: Breakfast Pizza with Fruit	10 Chix Patty on Bun or Turk Deli or Gorditos SALAD BAR: Meatball Sub KK Fries/Baked Beans & Grapes/Mixed Fruit BREAKFAST: Pancakes w/ Sausage	11 Mini Corndogs or Ham & Cheese Or Pork Patty Melt SALAD BAR: Texas Chili w/ Peanutbutter Sand. Steamed Carrots/Cole Slaw & Pears/Cantaloupe BREAKFAST: Sausage and Egg Biscuit w/ Fruit	12 Stuffed Crust Pizza or Hoagie or Cheeseburger SALAD BAR: Soft Taco Bar Refried Beans/ Corn & Oranges/Strawberries BREAKFAST: Cinnamon Roll with Fruit	<b>13 1/2 DAY SCHOOL</b> 	
16		17 BBQ Riblet or Turk Deli or Mini Corn Dogs SALAD BAR: Chix Alfredo Green Beans/Cole Slaw & Watermelon/Peaches BREAKFAST: Scrambled Eggs with Sausage	18 Spicy Chix Patty Sand. or Deli Sand. Or Pepperoni Pizza SALAD BAR: Chix Noodle Soup with Grilled Cheese Steamed Broccoli/Celery w/ Ranch & Pineapple/Applesauce BRKFAST: Biscuits & Gravy w/ Fresh Fruit	19 BBQ Pork Dinner or Hoagie or Beef & Bean Burrito SALAD BAR: Taco Salad Bar Refried Beans/ Corn & Strawberries/Apples BRKFAST: Funnel Cake w/ Fruit	20 Boneless Wings or Cheese Pizza or Turkey Wrap SALAD BAR: Cavatini w/ Meatsauce Pasta House Salad/Green Beans & Peaches/Applesauce BREAKFAST: Waffles w/ Sausage	
23	23 Macho Nacho or Cheeseburger or Tall Deli SALAD BAR: Potato Bar Green Beans/Carrots w/ Ranch & Peaches/Pears BREAKFAST: Donuts with Fruit	24 Beef Sliders or Turk Deli or Hot Ham & Cheese on Pretzel Roll SALAD BAR: Egg Roll w/ Rice KK Fries/Celery & Grapes/Applesauce BREAKFAST: Mini Cinni's w/ Fresh Fruit	25 Mini Corn Dogs or Deli Sand. Or Cheese Pizza SALAD BAR: Taco Soup SS Fries/Cole Slaw & Peaches/ Pineapple BREAKFAST: Sausage, Egg and Biscuit Sandwich w/ Fruit	26 Toasted Ravioli or Hoagie or Chix Quesadilla SALAD BAR: Soft Taco Bar Refried Beans/ Corn & Pears/Apples BRKFAST: Hot Ham & Cheese w/ Fruit	27 Chix O's or Crisпитos or Chef Salad SALAD BAR: Pasta w/ Meatsauce Tater Tots/Broccoli w/ Ranch & Orange Slices/Applesauce BREAKFAST: French Toast w/ Sausage and Fruit	
30	30 Bosco Stix or Cheeseburger or Tall Deli SALAD BAR: Rosagna Peas/Carrots w/ Ranch & Apricots/ Mixed Fruit BREAKFAST: Strawberry Cream Cheese Mini Bagels and Fruit Cup	31 French Bread Pizza or Turk Deli or Mini Corn Dogs SALAD BAR: Chix Fajita Green Beans/KK Fries & Grapes/Peaches BREAKFAST: Scrambled Eggs with Sausage	<b>Fresh Salad Bar offered with every lunch.</b> 			<b>Low fat/Fat free milk and 100% fruit juice offered with each meal.</b>  <a href="#"><b>FOODSERVICE HOMEPAGE</b></a>