







November 2018

WATERLOO HIGH SCHOOLS Home of the Bulldogs

Mon	Tue	Wed	Thu	Fri
			<i>1 NO SCHOOL</i>	<i>2 NO SCHOOL</i>
				
5 BBQ Riblet or Cheeseburger or Tall Deli SALAD BAR: Lasagna Roll Ups Garden Salad/Green Beans SS Fries & Peaches/Mixed Fruit BRKFAST: Breakfast Pizza and Fruit	6 Chix Sliders or Turkey Deli or Hot Ham Cheese on Pretzel Bun SALAD BAR: Chix Fajita Fries Broccoli w/Ranch Steamed Carrots & Strawberries/Apricots BRKFAST: Hot Ham & Cheese /Fruit	7 Sloppy Joe Sand or Ham & Cheese Deli or Chix Quesadilla SALAD BAR Taco Soup: Steamed Broccoli SP Fries Watermelon/ Applesauce BREAKFAST: Sausage, Egg Cheese Biscuit with Fruit	8 Stuffed Crust Pizza or Hoagie or Cheeseburger SALAD BAR: Soft Taco Bar Carrots w/ Ranch/Corn & Grapes/Sliced Apples KK Fries BREAKFAST: Egg Sausage Toast with Fresh Fruit	9 Chix Strips or Fish Sand or Chef Salad SALAD BAR: Pasta w/ Meatsauce Tater Tots/Celery w/ Ranch & Orange Slices/ Pears Peas BRKFAST: Pancakes w/ Fruit
<i>12 NO SCHOOL</i> 	13 Pizza Hut Pizza or Crisпитos or Turkey Deli SALAD BAR Pizza Hut Pizza Broccoli w/Ranch SS Fries Steamed Carrots & Strawberries/Apricots Breakfast: Apple Bosco w/ Fruit	14 Chix Patty on Bun or Corn Dog Ham & Cheese Deli SALAD BAR: Texas Chili w/ Peanut Butter Sand. SP Tots Steamed Broccoli/ Cole Slaw & Watermelon/Applesauce BRFAST: Biscuits & Gravy	15 Bosco Stix or Hoagie or Cheeseburger SALAD BAR: Taco Chip Bar Refried Beans/Corn & Carrots w/Ranch Grapes/Sliced Apples BREAKFAST: Cinnamon Roll with Fruit	16 Cheese Pizza or Hot Dog or Toasted Turkey Sandwich SALAD BAR: Pasta w/ Meat sauce Tater Tot/ Baked Beans Celery w/ Ranch & Orange Slices/Pears BRKFAST: French Toast/Sausage w/ Fruit
19 Toasted Ravioli or Delux Burger or Tall Deli SALAD BAR: Chix Alfredo Sauce Green Beans/ Garden Salad & Peaches/Mixed Fruit BREAKFAST: Long John & Fruit Cup	20 Spicy Chix Patty or Calzone or Turkey Deli SALAD BAR: Pork Stir Fry Steamed Carrots Broccoli w/Ranch KK fries Strawberries/ Applesauce Breakfast:: Omelet with Fresh Fruit	<i>21 1/2 DAY SCHOOL</i> <i>Breakfast: Mini Donuts and Fresh Fruit</i> 	<i>22 NO SCHOOL</i> 	<i>23 NO SCHOOL</i> 
26 Macho Nacho or Cheeseburger or Tall Deli SALAD BAR: Potato Bar Garden Salad/Green Beans & Peaches/Mixed Fruit BRKFAST: Breakfast on a Stix	27 Pizza Hut Pizza or Turk. Deli or Crisпитos SALAD BAR: Pizza Hut Pizza KK Fries/Broccoli w/ Ranch Steamed Carrots & Strawberries/Apricots BREAKFAST: Mini Cinni with Fruit	28 Mini Corn Dogs or Pork Patty Melt or Ham & Cheese Deli SALAD BAR: Cherry Blossom Chix SS Fries/ Steamed Broccoli Cole Slaw & Watermelon/ Applesauce BRKFAST: Sausage & Egg Biscuit w/ Fruit	29 CHICKEN DINNER BOWL or Hoagie or Delux Burger SALAD BAR: Taco in a Bag Carrots w Ranch/Corn & Grapes/Sliced Apples BREAKFAST: Egg Sausage Toast	30 Boneless Wings or Fish Sand. or Turkey Wrap SALAD BAR: Pasta w/ Meatsauce Tater Tots Peas Celery w/ Ranch & Pears /Sliced Oranges Pasta House Salad BREAKFAST: Waffle / Fruit