




# WATERLOO HIGH SCHOOL

## Home of the Bulldogs

# October 2016



Mon	Tue	Wed	Thu	Fri
<p>3 Bosco Stix or Cheeseburger or Tall Deli SALAD BAR: Mostoccoli Peas/Carrots w/ Ranch &amp; Apricots/ Mixed Fruit BREAKFAST: Breakfast on a Stix</p>	<p>4 Chix Nuggets or Turk Deli or Mini Corn Dogs SALAD BAR: Chix Alfredo Green Beans/Cole Slaw &amp; Watermelon/Peaches BREAKFAST: Scrambled Eggs with Sausage</p>	<p>5 Spicy Chix Patty Sand. or Deli Sand. Or Pepperoni Pizza SALAD BAR: Chix Noodle Soup with Grilled Cheese Steamed Broccoli/Celery w/ Ranch &amp; Pineapple/Applesauce BREAKFAST: Biscuits and Gravy with Fresh Fruit</p>	<p>6 BBQ Pork Dinner or Hoagie or Beef &amp; Bean Burrito SALAD BAR: Taco Bar Refried Beans/ Corn &amp; Strawberries/Apples BRKFAST: Funnel Cake w/ Fruit</p>	<p>7 </p>
<p><b>10 COLUMBUS DAY</b></p> <p></p>	<p>11 Chix Patty on Bun or Turk Deli or Spicy Buffalo Pull Apart SALAD BAR: Pork Stir Fry KK Fries/ Baked Beans &amp; Watermelon/ Peaches BREAKFAST: Scrambled Eggs &amp; Sausage w/ Fruit</p>	<p>12 Chix O's or Deli Sand. Or Beef &amp; Bean Burrito SALAD BAR: Chix Alfredo Pasta SP Fries/Green Beans &amp; Apples/Mixed Fruit BREAKFAST: Biscuits and Gravy with Fruit</p>	<p>13 Stuffed Crust Pizza or Hoagie or Cheeseburger SALAD BAR: Taco Bar Steamed Carrots/Broccoli w/ Ranch &amp; Applesauce/Strawberries BREAKFAST: Breakfast on a Stix with Fruit</p>	<p>14 Chix Strips or Fish Sand. Or Turk. Wrap SALAD BAR: Pasta w/ Meatsauce Tater Tots/ Celery w/ Ranch &amp; Orange Slices/Pineapple BREAKFAST: French Toast with Sausage</p>
<p>17 Buffalo Pizza or Cheeseburger or Tall Deli SALAD BAR: Buffalo Pizza Garden Salad/Steamed Broccoli &amp; Peaches/Pineapple BREAKFAST: Breakfast Pizza with Fruit</p>	<p>18 Chix Nuggets or Turk Deli or Corn Dog SALAD BAR: Meatball Sub KK Fries/Baked Beans &amp; Grapes/Mixed Fruit BREAKFAST: Pancakes w/ Sausage</p>	<p>19 Mini Corn Dogs or Ham &amp; Cheese Sand. Or Pork Patty Melt SALAD BAR: Texas Chili w/ Peanutbutter Sand. Steamed Carrots/ Cole Slaw &amp; Pears/Cantaloupe BREAKFAST: Sausage and Egg</p>	<p>20 Salisbury Steak Dinner or Hoagie or Cheeseburger SALAD BAR: Taco Bar Refried Beans/ Corn &amp; Oranges/Strawberries BREAKFAST: Cinnamon Roll with Fruit</p>	<p>21 Boneless Wings or Cheese Pizza or Chef Salad SALAD BAR: Pasta w/ Meatsauce Pasta House Salad/ Celery w/ Ranch &amp; Watermelon/ Applesauce BREAKFAST: Waffle Stix with Sausage</p>
<p>24 Macho Nacho or Cheeseburger or Tall Deli SALAD BAR: Potato Bar Green Beans/Carrots w/ Ranch &amp; Peaches/Pears BREAKFAST: Breakfast Pizza and Fruit Cup</p>	<p>25 Chix Patty on Bun or Turk Deli or Cheese Pizza SALAD BAR: Egg Roll w/ Rice KK Fries/Celery w/ Ranch &amp; Grapes/Applesauce BREAKFAST: Mini Cinni's w/ Fresh Fruit</p>	<p>26 Popcorn Chix or Deli Sand. Or Chix Quesadilla SALAD BAR: Taco Soup SS Fries/Cole Slaw &amp; Watermelon/ Pineapple BREAKFAST: Sausage, Egg and Biscuit Sandwich w/ Fruit</p>	<p><b>27 NO SCHOOL</b></p>	<p><b>28 NO SCHOOL</b></p>
<p>31 Chix Nuggets or Turk Deli or BBQ Riblet SALAD BAR: Cheese Ravioli KK Fries/Baked Beans &amp; Strawberries/Peaches BREAKFAST: Scrambled Eggs &amp; Sausage w/ Fruit</p>	<p></p>			