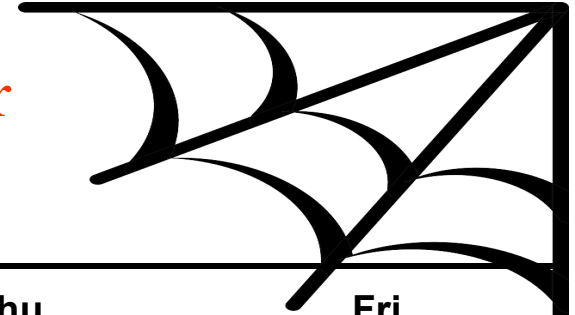




WATERLOO HIGH SCHOOL

Home of the Bulldogs

October
2018



Mon	Tue	Wed	Thu	Fri
<p>1 BBQ Riblet or Cheeseburger or Tall Deli SALAD BAR: Lasagna Roll Ups Garden Salad Green Beans Pears/Pineapples Breakfast: Long John and Fruit</p>	<p>2 Chix Sliders or Turkey Deli or Pepperoni Pizza SALAD BAR: Chix Fajita KK Fries/ Broccoli w/ Ranch Steamed Carrots & Apples/ Apricots BREAKFAST: Breakfast on stix with Fruit</p>	<p>3 Sloppy Joe on Bun or Deli Sand. Or Chix Quesadilla SALAD BAR: Chicken Pot Pie Cole Slaw/ Steamed Broccoli & Grapes/Mixed Fruit BRKFAST: Biscuits and Gravy with Fruit Cup</p>	<p>4 Stuffed Crust Pizza or Hoagie or Cheese Burger SALAD BAR: Soft Taco Bar Corn/Carrots with Ranch & Applesauce/Watermelon BRKFAST: Egg, Sausage , Toast and Fruit</p>	<p>5 NO SCHOOL</p> 
<p>8 COLUMBUS DAY</p> 	<p>9 Pizza Hut Pizza or Crisptos or Turkey Deli SALAD BAR Pizza Hut Pizza Broccoli w/ Ranch Steamed Carrots & Peaches/ Mixed Fruit Breakfast: Apple Bosco w/ Fruit</p>	<p>10 Chix Patty on Bun or Ham & Cheese Sand Or Pork Patty Melt SALAD BAR: Texas Chili w/ Peanut Butter Sand. Steamed Broccoli/ Cole Slaw & Pears/Strawberries BRFAST: Sausage, Egg and Cheese Biscuit</p>	<p>11 Turkey Dinner or Hoagie or Corn Dogs SALAD BAR: Taco Chip Bar Refried Beans/Corn & Carrots w/Ranch Oranges/ Cantaloupe BREAKFAST: Cinnamon Roll with Fruit</p>	<p>12 Chix Strips or Fish Sandwich or Chef Salad SALAD BAR: Pasta w/ Meat sauce Tater Tot/ Baked Beans Celery w/ Ranch & Orange Slices/Pineapple BRKFAST: French Toast with Sausage</p>
<p>15 Toasted Ravioli or Cheeseburger or Tall Deli SALAD BAR: Chix Alfredo Pasta Garden Salad/Green Beans & Peaches/ Pineapple BRKFAST: Omelet</p>	<p>16 French Bread Pizza or Turkey Deli or Hot Ham Cheese on Pretzel Bun SALAD BAR: Penne Bake Pasta Broccoli W/Ranch Steamed Carrots & Strawberries/ Peaches BRKFAST: Hot Ham &</p>	<p>17 Pulled Pork Sand or Deli Sand. or Pepperoni Pizza SALAD BAR Cherry Blossom Chicken: SP Fries Steamed Broccoli Watermelon/ Applesauce BREAKFAST: Biscuits with Gravy and Fresh Fruit</p>	<p>18 Bosco Sticks or Hoagie or Cheeseburger SALAD BAR: Soft Taco Bar Carrots w/ Ranch/Corn & Grapes/Apples BREAKFAST: Egg Sausage Toast with Fresh Fruit</p>	<p>19 Cheese Pizza or Hot Dog or Toasted Turkey Sandwich SALAD BAR: Pasta w/ meatsauce Tater Tots/Celery w/ Ranch & Orange Slices/ Peas Applesauce Pasta House Salad BRKFAST:</p>
<p>22 Buffalo Chix Pizza or Meatball Sub or Tall Deli SALAD BAR: Buffalo Chix Pizza Garden Salad/ Green Beans & Peaches/Pineapple BRKFAST: Breakfast on a Stix</p>	<p>23 Spicy Chix Patty or Turk. Deli or Calzone SALAD BAR: Pork Stir Fry KK Fries/Broccoli w/ Ranch Steamed Carrots & Pears/ Applesauce BREAKFAST: Mini Cinni with Fruit</p>	<p>24 Beef Sliders or Deli Sand or Cheese Pizza SALAD BAR: Tomato Bisque in Bread Bowl SS Fries/ Steamed Broccoli Cole Slaw & Watermelon/Apricots BREAKFAST: Sausage & Egg Biscuit</p>	<p>25 CHICKEN DINNER BOWL or Hoagie or Delux Burger SALAD BAR: Taco Chip Bar Carrots w Ranch/Corn & Peaches/ Apples BREAKFAST: Funnel Cakes and Fruit</p>	<p>26 Boneless Wings or Fish Sand. or Turkey Wrap SALAD BAR: Chili Dog Tater Tots Baked Beans Celery w/Ranch & Grapes/ Cantaloupe BREAKFAST: Waffle Stix with Fruit Cup</p>
<p>29 Macho Nacho or Delux Burger or Tall Deli SALAD BAR: Potato Bar Green Beans/Garden Salad & Peaches/Pears BREAKFAST: Long John & Fruit Cup</p>	<p>30 Pizza Hut Pizza or Crisptos or Turkey Deli SALAD BAR Pizza Hut Pizza Steamed Carrots Broccoli w/Ranch KK fries Grapes/Apricots Breakfast:: Hot Ham Cheese w/ Fruit</p>	<p>31 Mini Corn Dogs or Ham & Cheese Sandwich Or Pork Patty Melt SALAD BAR: Chicken Alfredo Steamed Broccoli/ Carrots w/Ranch& Pineapple/Cantaloupe Brkfast: Biscuit and Gravy</p>		