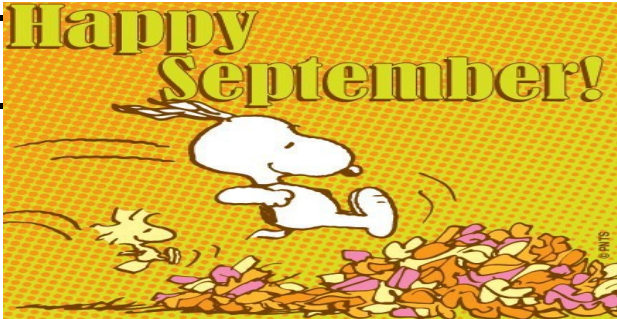




WATERLOO HIGH SCHOOL

Home of the Bulldogs

September 2016

Mon			Wed	Thu	Fri
<p>5 LABOR DAY HOLIDAY</p> 	<p>6 Chix Nuggets or Turk Deli or BBQ Riblet SALAD BAR: Mostacolli KK Fries/Baked Beans & Strawberries/Peaches BREAKFAST: Scrambled Eggs & Sausage w/ Fruit</p>	<p>7 Spicy Chix Patty on Bun or Deli Sand. Or Beef & Bean Burrito SALAD BAR: Chix Alfredo Pasta SP Fries/Green Beans & Apples/ Mixed Fruit BREAKFAST: Biscuits and Gravy with Fruit</p>	<p>1 Toasted Ravioli or Hoagie or Grilled Chix on Bun SALAD BAR: Taco Bar Refried Beans/Peas & Applesauce/Mixed Fruit BREAKFAST: Cinnamon Roll with Fresh Fruit</p>	<p>2 1/2 DAY SCHOOL</p> 	
<p>12 Buffalo Pizza or Cheeseburger or Tall Deli SALAD BAR: Buffalo Pizza Garden Salad/Steamed Broccoli & Peaches/Pineapple BREAKFAST: Breakfast Pizza with Fruit</p>	<p>13 Chix Patty on Bun or Turk Deli or Corn Dog SALAD BAR: Spaghetti w/ Meatsauce KK Fries/ Baked Beans & Grapes/Mixed Fruit BREAKFAST: Pancakes w/ Sausage</p>	<p>14 Bosco Sitx or Ham & Cheese Sand. Or Pork Patty Melt SALAD BAR: Texas Chili w/ Peanutbutter Sand. Steamed Carrots/Cole Slaw & Pears/Cantaloupe BREAKFAST: Sausage and Egg Biscuit w/ Fruit</p>	<p>15 Salisbury Steak Dinner or Hoagie or Cheeseburger SALAD BAR: Taco Bar Refried Beans/ Corn & Oranges/Strawberries BREAKFAST: Cinnamon Roll with Fruit</p>	<p>9 Chix Strips or Fish Sand. Or Turk. Wrap SALAD BAR: Pasta w/ Meatsauce Tater Tots/ Garden Salad & Orange Slices/Pineapple BREAKFAST: French Toast with Sausage</p>	
<p>19 BBQ Riblet or Cheeseburger or Tall Deli SALAD BAR: Pork Stir Fry Peas/Carrots w/ Ranch & Apricots/Mixed Fruit BREAKFAST: Breakfast on a Stix</p>	<p>20 Chix Nuggets or Turk Deli or Mini Corn Dogs SALAD BAR: Chix Alfredo Green Beans/Cole Slaw & Strawberries/Peaches BREAKFAST: Scrambled Eggs with Sausage</p>	<p>21 Chix O's or Deli Sand. Or Pepperoni Pizza SALAD BAR: Chix Noodle Soup with Grilled Cheese Steamed Broccoli/Celery w/ Ranch & Watermelon/Applesauce BREAKFAST: Biscuits and Gravy with Fresh Fruit</p>	<p>22 BBQ Pork Dinner or Hoagie or Beef & Bean Burrito SALAD BAR: Taco Bar Refried Beans/ Corn & Pineapple/Apples BREAKFAST: Funnel Cake with Fresh Fruit</p>	<p>16 Boneless Wings or Cheese Pizza or Chef Salad SALAD BAR: Pasta w/ Meatsauce Pasta House Salad/ Celery w/ Ranch & Watermelon/ Applesauce BREAKFAST: Waffle Stix with Sausage</p>	
<p>26 Macho Nacho or Cheeseburger or Tall Deli SALAD BAR: Potato Bar Green Beans/Carrots w/ Ranch & Peaches/Pears BREAKFAST: Apple Frudel and Fruit Cup</p>	<p>27 Chix Patty on Bun or Turk Deli or Cheese Pizza SALAD BAR: Egg Roll w/ Rice KK Fries/Celery w/ Ranch & Grapes/Applesauce BREAKFAST: Pillsbury Mini Bagels w/ Fresh Fruit</p>	<p>28 Popcorn Chix or Deli Sand. Or Chix Quesadilla SALAD BAR: Taco Soup SS Fries/Cole Slaw & Watermelon/ Pineapple BREAKFAST: Sausage, Egg and Pillsbury Biscuit Sandwich w/ Fruit</p>	<p>23 Chix Strips or Crisritos or Turk Wrap SALAD BAR: Pasta w/ Meatsauce Tater Tots/Broccoli w/ Ranch & Orange Slices/Applesauce BREAKFAST: French Toast w/ Sausage and Fruit</p>	<p>29 Stuffed Crust Pizza or Hoagie or Delux Burger SALAD BAR: Taco Bar Refried Beans/Corn & Pineapple/Apples BREAKFAST: Strawberry GO BIG with Choc Chip Backpackers and Fresh Fruit</p>	
<p>30 Boneless Wings or Cheese Pizza or Chef Salad SALAD BAR: Pasta w/ Meatsauce Tater Tots/ Broccoli w/ Ranch & Orange Slices/Applesauce BREAKFAST: Mini Cinnis w/ Fruit Cup</p>					