



AUGUST 2018

Waterloo Jr. High School

2018

Monday	Tuesday	Wednesday	Thursday	Friday
	Workshop Day 14 	Workshop Day 15 	16 Taco Salad or Turkey Deli Refried Beans and Mixed Fruit BREAKFAST: Breakfast on a Stix with Fruit	17 Rotini with Meatsauce or French Bread Pizza Garden Salad and Chilled Pineapple BREAKFAST: Waffle Stix with Fruit
20 Lowfat//Skim Milk & 100% Fruit Juice offered with each meal. Fresh Salad Bar Daily	21 Bosco Stix or Ham and Cheese Deli Green Beans and Applesauce BREAKFAST: Sausage and Egg Biscuit with Fresh Fruit	22 Chicken Alfredo or Cheese Pizza Corn and Chilled Peaches BREAKFAST: Breakfast Muffin with Fruit	23 Soft Taco or Turkey Deli Refried Beans and Pears BREAKFAST: Cinnamon Roll with Fruit	24 Spaghetti with Meatsauce or Fish Sand. Pasta House Salad and Mixed Fruit BREAKFAST: French Toast Stix & Fruit
27 Hamburger on Bun or Chicken Patty on Bun French Fries and Apple Slices BREAKFAST: Breakfast Pizza with Fruit	28 Mini Corn Dog or Ham and Cheese Deli Carrots and Peach Cup BREAKFAST: Biscuits with Gravy	29 Chicken Fajita or Pepperoni Pizza Green Beans and Pineapple Tidbits BREAKFAST: Bagels and Cream Cheese with Fresh Fruit	30 Macho Nacho or Turkey Deli Refried Beans and Mixed Fruit BREAKFAST: Mini Cinni's with Fruit	$\frac{1}{2}$ DAY 31 Mini Powdered Donuts with Fruit
