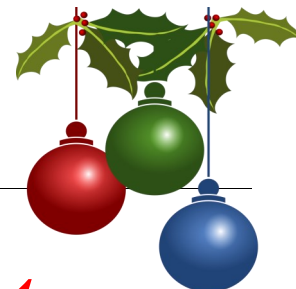


December 2016

Waterloo Jr. High School Home of the Bulldogs



Mon	Tue	Wed	Thu	Fri
<p><i>“The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart. Wishing you happiness.” - Helen Keller</i></p>			<p>1 Turkey Deli or Taco Salad Refried Beans and Peach Cup BREAKFAST: Cinnamon Rolls with Fruit</p>	<p>2 Spaghetti with Meatsauce and Breadstix or Chix O's Pasta House Salad and Mixed Fruit BREAKFAST: Pancakes with Fruit</p>
<p>5 Beef & Bean Burrito or Popcorn Chix Green Beans and Apples BREAKFAST: Donut with Fruit or NV Choc Chip Granola Bar or Breakfast Pizza</p>	<p>6 Toasted Ravioli or Turkey Wrap on Pretzel Bun Orange Slices and Garden Salad BREAKFAST: Sausage and Egg Biscuit and Fruit</p>	<p>7 White Chili with 1/2 Peanutbutter Sandwich or Pepperoni Pizza Steamed Carrots and Peaches BREAKFAST: Muffin & Fruit</p>	<p>8 Macho Nacho or Turkey Deli Pears and Refried Beans BREAKFAST: Breakfast on a Stix with Fruit</p>	<p>9 Hotdog on Bun or Fish Sandwich Oven Fries & Pineapple BREAKFAST: Waffle Stix and Fruit</p>
<p>12 Beef Sliders or Chicken Nuggets KK Sweet Potato Fries and Fresh Apples BREAKFAST: Donut with Fruit or Nature Valley Smores</p>	<p>13 Chix Fajita or Ham and Cheese Melt on Pretzel Bun Oranges and Steamed Carrots BREAKFAST: Scrambled Eggs with Toast and Sausage</p>	<p>14 Pork Roast Dinner Or Pepperoni Pizza Corn and Grapes BREAKFAST: Bagel with Cream Cheese and Fresh Fruit</p>	<p>15 Soft Tacos or Turkey Deli Pears and Refried Beans BREAKFAST: Mini Cinnis with Fruit</p>	<p>16 Rotini with Meatsauce or Chix Strips Garden Salad and Strawberries BREAKFAST: French Toast with Fruit</p>
<p>19 French Bread Pizza or Mini Corn Dogs Apple Slices and Steamed Carrots BREAKFAST: Apple Bosco Stix or Yogurt with Fruit</p>	<p>20 Chix Patty on Bun or Hamburger Oven Fries and Orange Smiles BREAKFAST: Biscuits and Gravy</p>	<p>21 BBQ Riblet or Cheese Pizza Savory Baked Beans and Banana BREAKFAST: Breakfast Muffin and Fruit</p>	<p>22 Holiday Break</p>	<p>23 Happy Holidays</p>



Merry Christmas

