
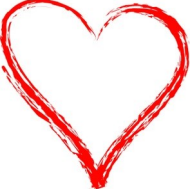





February 2017

Waterloo Jr High School Home of the Bulldogs

Mon	Tue	Wed	Thu	Fri
		<p>1 Chix Alfredo or Cheese Pizza Green Beans and Applesauce BREAKFAST: Breakfast Muffin with Fruit</p>	<p>2 Turkey Deli or Soft Taco Refried Beans and Pears BREAKFAST: Cinnamon Rolls with Fruit</p>	<p>3 Spaghetti with Meatsauce and Breadstix or Chix O's Pasta House Salad and Apples BREAKFAST: French Toast with Fruit</p>
<p>6 Popcorn Chix or Deluxe Burger Sweet Potato Fries & Fresh Apple BREAKFAST: Donut w/Fruit or Nature Valley Granola Bar</p>	<p>7 Toasted Ravioli or Ham & Cheese Deli Oranges and Garden Salad BREAKFAST: Scrambled Eggs with Toast and Sausage</p>	<p>8 Taco Soup w/ 1/2 Peanutbutter Sand or French Bread Pizza Celery w/ Peanutbutter and Grapes BREAKFAST: Bagel w Cream Cheese & Fresh Fruit</p>	<p>9 Macho Nacho or Turkey Deli Pears and Refried Beans BREAKFAST: Breakfast on a Stix with Fruit</p>	<p>10 Hotdog on Bun or Fish Sandwich Potato Wedges and Strawberries BREAKFAST: Pancakes with Fresh Fruit</p>
<p>13 Sloppy Joe or Mini Corn Dogs Tater Tots and Fresh Apples BREAKFAST: Breakfast Pizza w/ Fruit or Smores Granola Bar</p>	<p>14 Chix Fajita or Hot Ham and Cheese on Bun Oranges and Steamed Carrots BREAKFAST: Sausage & Egg Biscuit with Fresh Fruit</p> 	<p>15 Chix Noodle Soup w/ Grilled Cheese Or Pepperoni Pizza Celery w/ Peanutbutter and Peaches BREAKFAST: Breakfast Muffin with Fresh</p>	<p>16 Taco Salad or Turkey Deli Pears and Refried Beans BREAKFAST: Mini Cinni's with Fruit</p>	<p>17 1/2 DAY</p> 
<p>20 NO SCHOOL</p> 	<p>21 Chix Patty on Bun or Cheeseburger Oranges and Oven Fries BREAKFAST: Donut with Fresh Fruit</p>	<p>22 BBQ Riblet or Cheese Pizza Green Beans and Peaches BREAKFAST: Bagels with Cream Cheese with Fruit</p>	<p>23 Soft Taco or Turkey Deli Pears and Refried Beans BREAKFAST: Funnel Cake with Fruit</p>	<p>24 Rotini w/ Meatsauce & Garlic Bread or Chix Strips Garden Salad & Pineapple BREAKFAST: Waffle Stix and Fruit</p>
<p>27 Beef Sliders or Chix Nuggets Apple Slices and Carrots w/ Ranch BREAKFAST: Apple Bosco Stix or Yogurt with Fruit</p>	<p>28 Bosco Stix or Turkey Wrap Celery w/ Ranch and Orange Smiles BREAKFAST: Biscuits and Gravy with Fresh Fruit</p>	<p>Fresh Salad Bar offered daily at Lunch.</p> <p>Lowfat/Fat Free Milk and 100% Juice offered with each meal.</p> <p>FOODSERVICE HOMEPAGE: www.wcusd5.net/food-services.html</p>		