



# February 2019

# Waterloo Jr. High School Home of the Bulldogs

Mon	Tue	Wed	Thu	Fri
				<p>1 Spaghetti w/ Meatballs &amp; Breadsticks or <b>Stuffed Crust Pizza</b> Garden Salad &amp; Pineapple BREAKFAST: Pancakes w/Fruit</p>
<p>4 Cheeseburger or Mini Corn Dogs Apple Slices and Baked beans BREAKFAST: Breakfast Pizza with Fruit</p>	<p>5 Bosco Stix w/ Meat Sauce or Turkey Deli on flat bread Oranges and Celery w/ peanut butter BREAKFAST: Hot Ham and Cheese with</p>	<p>6 Pork Roast Dinner or Cheese Pizza Green beans and Banana BRKFAST: Bagel w/ Cream Cheese and Fruit</p>	<p>7 <b>PIZZA HUT CHEESE/ PEPPERONI PIZZA</b> or Soft tacos Carrots w/Ranch and Strawberries BREAKFAST: Mini Cinni's w/ Fruit</p>	<p>8 Hotdog on Bun or Fish Sandwich &amp; Fries &amp; Peaches BRKFAST: French Toast with Fruit</p>
<p>11 Beef Sliders or Cherry Blossom Chicken Stir Fry Veggies and Fresh Apples BREAKFAST: Donut with Fruit</p>	<p>12 Chic Fajita or Hot Ham and cheese on pretzel bun Green Beans and oranges BREAKFAST: Biscuits &amp; Gravy with Fruit</p>	<p>13 Taco Soup with 1/2 peanut butter sandwich Or Pepperoni Pizza Corn and Grapes BREAKFAST: Breakfast Muffins w/ Fruit</p>	<p>14 Macho Nacho or Turkey Deli Pears and Refried Beans BREAKFAST: Funnel Cake with Fruit <b>VALENTINES DAY Treat</b></p>	<p>15 <b>1/2 DAY SCHOOL</b>  Breakfast: <b>Mini Powder Donuts &amp; Fruit</b></p>
	<p>19 Chicken Patty or Hamb on bun Sweet Potato Fries and Mixed Fruit BREAKFAST: Apple Frudel with Fruit</p>	<p>20 BBQ Riblet or Crisпитos Fries and Pineapple-BREAKFAST: Bagels/w cream Cheese with Fruit</p>	<p>21 Walking Taco or Turkey Deli Refried Beans and Strawberries BREAKFAST: Breakfast on a stick with Fruit</p>	<p>22 Rotini w/ Meat sauce &amp; Breadsticks or <b>Pizza Hut Pizza</b> Pasta house Salad &amp; Peaches BRKFAST: Waffles w/Fruit</p>
<p>25 Chicken Nuggets or Sloppy Joe potato wedges and Fresh Apples BREAKFAST Donuts with Fruit</p>	<p>26 Toasted Ravioli or Turkey deli on flatbread Oranges and Steamed Carrots BREAKFAST: Sausage Egg Biscuit with Fruit</p>	<p>27 Chicken Noodle Soup w/ grilled cheese Or Pepperoni Pizza Green Beans and Grapes BREAKFAST: Breakfast Muffins w/ Fruit</p>	<p>28 Taco Salad or Turkey Deli w/ sunchips refried beans and Strawberries BREAKFAST: Cinnamon Rolls with Fruit</p>	