

March 2017



Waterloo Jr High School Home of the Bulldogs

Mon

Tue

Wed

Thu

Fri



Spring

1 Roast Pork Dinner or Cheese Pizza Corn and Applesauce
BREAKFAST: Breakfast Muffin with Fruit

2 Turkey Deli or Taco Bar Refried Beans and Pears
BREAKFAST: Cinnamon Rolls with Fruit

3 Spaghetti with Meatballs and Breadstix or Fish Sandwich Pasta House Salad and Apples
BREAKFAST: French Toast with Fruit

6 Popcorn Chix or Deluxe Burger Steamed Broccoli & Fresh Apple
BREAKFAST: Donut w/Fruit or Nature Valley Granola Bar

7 Toasted Ravioli or Ham & Cheese Deli Oranges and Steamed Carrots
BREAKFAST: Scrambled Eggs with Toast and Sausage

8 Chili w/ 1/2 Peanutbutter Sand or Pepperoni Pizza Celery w/ Peanutbutter and Grapes
BREAKFAST: Bagel w Cream Cheese & Fresh Fruit

9 Macho Nacho or Turkey Deli Pears and Refried Beans
BREAKFAST: Breakfast on a Stix with Fruit

10 Hotdog on Bun or Fish Sandwich Wedge Fries and Strawberries
BREAKFAST: Pancakes with Fresh Fruit

13 Sloppy Joe or Mini Corn Dogs Tater Tots and Fresh Apples
BREAKFAST: Breakfast Pizza w/ Fruit or Smores Granola Bar

14 Chix Fajita or Hot Ham and Cheese on Bun Oranges and Steamed Carrots
BREAKFAST: Sausage & Egg Biscuit with Fresh Fruit

15 Chix Noodle Soup w/ Grilled Cheese Or Cheese Pizza Celery w/ Peanutbutter and Peaches
BREAKFAST: Breakfast Muffin with Fresh Fruit

16 Soft Taco or Turkey Deli Pears and Refried Beans
BREAKFAST: Mini Cinni's with Fruit



20 Chix Patty on Bun or Cheeseburger Oranges and Sweet Potato Fries
BREAKFAST: Donut with Fresh Fruit

21 Bosco Stix or Ham & Cheese Deli Oranges and Celery w/ Peanutbutter
BREAKFAST: Biscuits and Gravy with Fruit

22 BBQ Pulled Pork Sandwich or Pepperoni Pizza Oven Fries and Peaches
BREAKFAST: Bagels with Cream Cheese with Fruit

23 Taco Bar or Turkey Deli Chilled Pears and Refried Beans
BREAKFAST: Funnel Cake w/ Fruit

24 Rotini w/ Meatsauce & Garlic Bread or Fish Sandwich Garden Salad & Pineapple
BREAKFAST: Waffle Stix and Fruit

27 Beef Sliders or Chix Nuggets Apple Slices and Oven Fries
BREAKFAST: Apple Bosco Stix or Yogurt with Fruit

28 Toasted Ravioli or Turkey Wrap Carrots w/ Ranch and Orange Smiles
BREAKFAST: Scrambled Eggs w/ Toast and Sausage

29 Salisbury Steak Dinner or French Bread Pizza Green Beans and Applesauce
BREAKFAST: Breakfast Muffin with Fruit

30 Turkey Deli or Macho Nacho Refried Beans and Pears
BREAKFAST: Breakfast on a Stix with Fruit

31 Fish Sandwich or Chix O's Garden Salad and Apples
BREAKFAST: French Toast with Fruit

