


March 2019

WATERLOO JR HIGH SCHOOL Home of the Bulldogs



Mon	Tue	Wed	Thu	Fri
<p>4 Cheeseburger or Pop-corn Chicken Apple Slices and Baked Beans BREAKFAST: Breakfast Pizza with Fruit</p>	<p>5 Bosco Stix w/ Meat Sauce or Turkey Deli on Flat Bread Oranges and Steamed Broccoli BREAKFAST: Hot Ham & Cheese w/ Fruit</p>	<p>6 Turkey Roast Dinner or Cheese Pizza Corn and Applesauce BRKFAST: Bagel w/ Cream Cheese and Fruit</p>	<p>7 PIZZA HUT CHEESE/ PEPPERONI PIZZA or Soft Tacos Carrots w/Ranch and Strawberries BREAKFAST: Mini Cinni's w/ Fruit</p>	<p>8 1/2 Day of School Breakfast: Powdered Donuts</p> 
<p>11 Beef Sliders or Cherry Blossom Chicken Stir Fry Veggies and Fresh Apples BREAKFAST: Donut with Fruit</p>	<p>12 Chic Fajita or Hot Ham and Cheese on Pretzel Bun Green Beans and Oranges BREAKFAST: Biscuits & Gravy with Fruit</p>	<p>13 Chili with 1/2 Peanut Butter Sandwich Or Pepperoni Pizza Celery w/Peanut butter & Grapes BREAKFAST: Muffins w/ Fruit</p>	<p>14 Macho Nacho or Turkey Deli Pears and Refried Beans BREAKFAST: Funnel Cake with Fruit</p>	<p>15 Hot Dog on Bun or Fish Sandwich French Fries & Pineapple BREAKFAST: Waffles w/Fruit St. Patrick's Day Treat</p>
<p>18 Cheeseburger or Mini Corn Dogs Apple Slices and Green Beans BREAKFAST: Apple Frudel with Fruit</p>	<p>19 Chicken Patty or Chix And Waffles Sweet Potato Fries and Mixed Fruit BREAKFAST: Scrambled Eggs, Toast and Sausage</p>	<p>20 BBQ Pork or French bread Pizza Potato Wedges and Pineapple BRKFAST: Bagels/w cream Cheese w/ Fruit</p>	<p>21 Walking Taco or Turkey Deli Refried Beans & Strawberries BREAKFAST: Breakfast on a Stick with Fruit</p>	<p>22 Spag w/ Meat sauce & Breadsticks or Pizza Hut Cheese Pizza Pasta house Salad & Peaches BRKFAST: French Toast w/Fruit</p>
<p>25 Chicken Nuggets or Sloppy Joe Potato Wedges and Fresh Apples BREAKFAST Donuts with Fruit</p>	<p>26 Toasted Ravioli or Turkey Deli on Flatbread Oranges and Carrots w/Ranch BREAKFAST: Sausage Egg Biscuit with Fruit</p>	<p>27 Chicken Alfredo or Pepperoni Pizza Green Beans and Grapes BREAKFAST: Breakfast Muffins w/ Fruit</p>	<p>28 Taco Salad or Turkey Deli w/ Sunchips Refried Beans & Strawberries BRKFAST: Cinnamon Roll with Fruit</p>	<p>29 Rotini w/Meat Sauce or Fish Sandwich Garden Salad & Peaches BRKFAST: Pancakes with Fruit</p>