



# September 2016

# Waterloo Jr High School Home of the Bulldgos



Mon		Wed	Thu	Fri
			<p>1 Macho Nacho or Turkey Deli Pears and Refried Beans BREAKFAST: Breakfast on a Stix with Fruit</p>	<p>2 1/2 DAY OF SCHOOL</p> 
<p>5 <b>LABOR DAY HOLIDAY</b></p> 	<p>6 Cheeseburger or Chicken Patty on Bun Apple Slices and Sweet Potato Fries BREAKFAST: Donut with Fruit</p>	<p>7 BBQ Riblet or Cheese Pizza Green Beans and Applesauce BREAKFAST: Bagels and Cream Cheese with Fruit</p>	<p>8 Turkey Deli or Taco Salad Refried Beans and Grapes BREAKFAST: Cinnamon Rolls with Fruit</p>	<p>9 Spaghetti with Meatsauce and Breadstix or Chix O's Pasta House Salad and Mixed Fruit BREAKFAST: Pancakes with Fruit</p>
<p>12 Delux Hamburger or Pop-corn Chicken Tater Tots and Fresh Apples BREAKFAST: Donut with Fruit</p>	<p>13 Toasted Ravioli or Ham and Cheese Deli Oranges and Steamed Carrots BREAKFAST: Scrambled Eggs with Toast and Sausage</p>	<p>14 Chili w/ 1/2 Peantbutter Sand. Or Pepperoni Pizza Celery w/ Peanutbutter and Grapes BREAKFAST: Breakfast Muffin with Fresh Fruit</p>	<p>15 Soft Tacos or Turkey Deli Pears and Refried Beans BREAKFAST: Breakfast on a Stix with Fruit</p>	<p>16 Rotini with Meatsauce or Fish Sandwich Garden Salad and Mixed Fruit BREAKFAST: French Toast with Fruit</p>
<p>19 Cheeseburger or Mini Corn Dogs Apple Slices and Sweet Potato Fries BREAKFAST: Breakfast Pizza with Fruit</p>	<p>20 Bosco Stix with Meatsauce or Turkey Wrap Celery w/ Ranch and Orange Smiles BREAKFAST: Biscuits and Gravy</p>	<p>21 Chix Noodle Soup w/ Grilled Cheese or Cheese Pizza Broccoli w/ Cheese and Banana BREAKFAST: Bagel w/ Cream Cheese and Fruit</p>	<p>22 Taco Bar or Deli Sandwich Refried Beans and Strawberries BREAKFAST: Cinnamon Roll with Fruit</p>	<p>23 Spaghetti w/ Meatsauce and Breadstix or Chix Strips Corn Smiles and Peach Cup BREAKFAST: Waffle Stix with Fruit</p>
<p>26 Delux Hamburger or Chix Nuggets Celery w/ Peanutbutter and Mixed Fruit BREAKFAST: Donut with Fruit</p>	<p>27 Chix Fajita or Ham and Cheese Deli on Pretzel Bun Orange Slices and Broccoli w/ Ranch BREAKFAST: Sausage and Egg Biscuit with Fruit</p>	<p>28 BBQ Pulled Pork Sandwich or Pepperoni Pizza Tater Tots and Peaches BREAKFAST: Muffin with Fruit</p>	<p>29 Soft Tacos or Turkey Deli Pears and Refried Beans BREAKFAST: Breakfast on a Stix with Fruit</p>	<p>30 Hotdog on Bun or Fish Sandwich Garden Salad and Apple Slices BREAKFAST: Pancakes with Fruit</p>