

September 2018



Waterloo Jr. High School

Mon




Tue

Wed

Thu

Fri

<p>3 NO SCHOOL</p> 	<p>4 <i>Meatloaf Burger or Chix Strips Apple Slices and Tater Tots BREAKFAST: Breakfast on a Stix with Fruit</i></p>	<p>5 <i>BBQ Riblet or Buffalo Chix Pizza Green Beans and Applesauce BREAKFAST: Breakfast Muffin and Fruit</i></p>	<p>6 <i>Turkey Deli w/ Sunchips or Taco Salad Refried Beans and Grapes BREAKFAST: Cinnamon Rolls with Fruit</i></p>	<p>7 <i>Pizza Hut Cheese Pizza or Spaghetti with Meat Sauce & Breadstix BREAKFAST: Garden Salad and Mixed Fruit BREAKFAST: Pancakes w/ Fruit</i></p>
<p>10 <i>Delux Hamburger or Popcorn Chix French Fries and Fresh Apples BREAKFAST: Donut with Fruit</i></p>	<p>11 <i>Toasted Ravioli or Ham & Cheese Deli Oranges and Steamed Carrots BREAKFAST: Scrambled Eggs with Toast and Sausage</i></p>	<p>12 <i>Chili w/ 1/2 Peanut Butter Sand. or Pepperoni Pizza Celery w/ Peanut Butter and Applesauce BREAKFAST: Bagels w/ Cream Cheese and Fruit</i></p>	<p>13 <i>Walking Tacos or Turkey Deli Refried Beans and Peaches BREAKFAST: Funnel Cakes with Fruit</i></p> 	<p>14 1/2 DAY SCHOOL BREAKFAST: Otis Muffin with Fresh Fruit</p> 
<p>17 <i>Cheese Burger or Mini Corn Dogs Apple Slices and Baked Beans BREAKFAST: Breakfast Pizza with Fruit</i></p> 	<p>18 <i>Bosco Stix w/ Meat Sauce or Turkey Wrap Garden Salad and Orange Smiles BREAKFAST: Biscuits and Gravy with Fruit</i></p>	<p>19 <i>Chix Noodle Soup with Grilled Cheese Sandwich Or cheese pizza Celery with Ranch and Banana BREAKFAST: Breakfast Muffin with Fruit Cup</i></p>	<p>20 Pizza Hut Pizza or Soft Tacos Carrots w/Ranch and Mixed Fruit BREAKFAST: Mini Cinni's with Fruit</p>	<p>21 <i>Rotini with Meat Sauce & Breadstix or Pepperoni Calzone Corn and Peach Cup BREAKFAST: Waffles with Fruit</i></p>
<p>24 <i>Beef Sliders or Cherry Blossom Chix Stir Fry Veggies and Mixed Fruit BREAKFAST: Choc. Filled crescent with Fruit</i></p>	<p>25 <i>Chix Fajita or Hot Ham and Cheese on Pretzel Bun Orange Slices and Green Beans BREAKFAST: Sausage and Egg Biscuit with Fruit</i></p> 	<p>26 <i>Salisbury Steak Dinner or Pepperoni Pizza Mashed Potatoes and Peach Cup BREAKFAST: Bagel with Cream Cheese and Fruit</i></p>	<p>27 <i>Macho Nacho or Turkey Deli Pears and Baked Beans BREAKFAST: Hot Ham & Cheese sandwich with Fruit</i></p>	<p>28 <i>Hotdog on Bun or Fish sandwich Pasta House Salad and Apple Sauce BREAKFAST: French Toast with Fruit</i></p>